

# Lets give Niamh...



# a Helping Hand

### **My Story**

After giving birth to my fourth baby in August 2016, I suffered septic shock and required mechanical ventilation for 9 days. I was in end stage multi organ failure and to keep my heart beating the doctors were forced to give me medication that resulted in a loss of blood flow to my extremities. The toes on my right foot and the fingers on my left hand had to be amputated.

### **My Aim**

I am currently trying to raise money to pay for an iLimb Digits prosthetic hand so that I can better look after my four children and get back to doing the things I enjoy in life. Thank you so much for reading my story!



### **Signs of Sepsis**

If you are aware of the signs of Sepsis it can be ruled in or out by a simple blood test & then treated by IV antibiotic. Each of the letters of the word SEPSIS stand for the following signs and symptoms

- S – Shivering
- E – Extreme pain
- P – Pale/discoloured skin
- S – Sleepiness/confusion
- I – I might die, overwhelming fear
- S – Shortness of breath/struggling to breathe

### **Media Coverage to date**

- TV3 - Ireland AM (18th May)
- Today FM - Dermot and Dave (10th May)
- The Irish Times (08th May)
- RTE 1 Sean O'Rourke Show (08th May)
- The Irish Independent (08th May)
- LMFM - Gerry Kelly Late Lunch Show (12th April)
- Dundalk Democrat (5th April)
- The Argus (4th April)



Link: <http://tiny.cc/ad31ky>